

CCHS CMA Clinical Assessment and Skills Checklist

***Bolded skills are mandatory and must be performed a minimum of 4 times.** Other skills can be either performed (P) or observed (O).

Student Name:

	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date
<u>Standards</u>								
Aseptic Hand Washing								
PPE Donning/Doffing								
Sharps Disposal								
<u>Vital Signs</u>								
Temperature (Oral)								
Temperature (Tympanic)								
Temperature (Temporal)								
Temperature (Axillary)								
Apical Pulse								
Radial Pulse								
Respiratory Rate								
Manual Blood Pressure								
Automated Blood Pressure w/ Omron								
Height/Weight (Adult)								
Height/Weight/Head Circumference (Pediatric 2y and under)								
Pulse Oximetry (Adult and Pediatric)								
Last Menstrual Period (LMP)								
Pain Assessment								
Knowledge of Normal Vital Sign Ranges (all ages) <i>*when/how to communicate abnormal vitals to provider.</i>								
<u>Assist Provider with Patient Positions</u>								
Fowlers								
Semi-Fowlers								
Supine (Horizontal Recumbent)								
Lithotomy Position								
Sims								
Prone								
Exam Specific (Ex- diabetic foot exam, pediatric WCC, etc.)								

<u>Collection of Specimens and POC Testing (CONT...)</u>	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date	Preceptor Initials	P/O and Date
Urine Pregnancy/Hcg								
Fingerstick Glucose								
PT/INR Fingerstick								
Hemoglobin A1c Fingerstick								
Urine Drug Screen								
Hemocult FIT Cards (education to patients with kit, processing completed FIT cards)								
Newborn PKU Collection and Submission								
Newborn Bili Collection and Submission								
<u>Electrocardiography (12 Lead) ECG/EKG</u>								
12 Lead EKG								
<u>Sterilization Procedures</u>								
Prepare sterile field and/or procedure tray for providers								
Identify instruments that require sterilization vs. disposable instruments								
Properly prep used instruments for sterilization- Pro EZ foam spray, appropriate container w/ lid, etc.								
Identify when/where the used instruments should be transported for sterilization								
<u>Additional Skills</u>								

*Upon completion, please submit to Sarah Worm, Medical Clinical Care Director via email or interoffice mail to DHC.

*Preceptor and/or student should communicate with Sarah Worm if any skills cannot be observed or performed at home site. Sarah can arrange for CMA student to observe or perform at another CCHS location.